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Zen Mind, Beginner's Mind By Shunryu Suzuki SHUNRYU SUZUKI (1905-1971) was a Japanese Zen master of the Soto school who moved to the United States in 1958.

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Like Zen Mind, Beginner's Mind, it is a collection of lectures that reveal the insight, humor, and intimacy with Zen that made Suzuki Roshi so influential as a teacher. The Sandokai "a poem by the eighth-century Zen master Sekito Kisen (Ch. Shitou Xiqian)" is the subject of these lectures.

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