

### **yoga vasistha vol 3 pdf**

Yoga Vasistha (Sanskrit: योगवासिष्ठा , IAST: Yoga-Vāsiṣṭhī-ha) is a philosophical text attributed to Valmiki, although the real author is unknown. The complete text contains over 29,000 verses. The short version of the text is called Laghu Yogavasistha and contains 6,000 verses. The exact century of its completion is unknown, but has been estimated to be somewhere between ...

### **Yoga Vasistha - Wikipedia**

Etymology. Vashishtha is also spelled as Vasiṣṭhī-ha and is Sanskrit for "most excellent, best or richest. According to Monier-Williams, it is sometimes incorrectly spelt as Vashishtha or Vashistha (वाशिष्ठा-ha, वासिष्ठा-ha ).History. In Rigvedic hymn 7.33.9, Vashishtha is described as a scholar who moved across the Indus river to establish his school.

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